

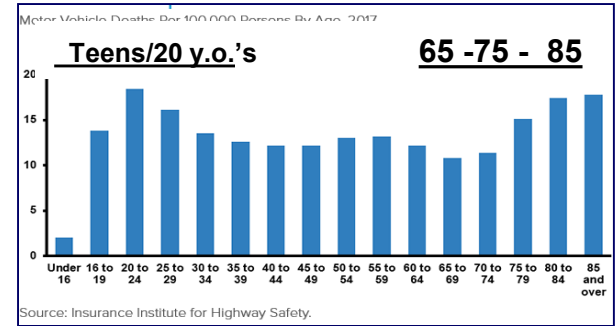


## Minnesota's Older Drivers\*

- Between 2011 and 2017,
- the number of drivers in Minnesota age 65 – 75 increased over 162,000
  - the number of crashes involving drivers 65 – 75 increased from 13.2% to 15.2% (9,511 to 11,943)
  - number of injuries in drivers age 65 - 75 increased from 8.2% to 10.7% (2,496 to 3,144)



- **In 2011** there were 76 deaths (21%) of drivers over age 65
- **In 2015** there were 99 deaths (24%) of drivers over age 65
- **During January, 2019 to Nov., 2019** - 102 of the 337 deaths were age 60+ (32% of MN road fatalities!)\*\*



The number of deaths in drivers over age 75 has almost reached the same rate as drivers in their 20's and is higher than teenage deaths. \*\*\*



## Aging may affect ability to drive safely!

\*Minnesota Motor Vehicle Crash Facts, 2017  
<https://www.leg.state.mn.us/docs/2018/mandated/181000.pdf>

\*\* from OTS monthly Preliminary Fatal Crash Numbers <https://dps.mn.gov/divisions/ots/reports-statistics/Pages/monthly-preliminary-fatal-crash-numbers.aspx>

\*\*\*Insurance Information Institute 5/2019  
<https://www.iii.org/article/background-on-older-drivers>

# Do you know someone who needs to retire from driving?

Questions, Answers  
 Suggestions, Resources,  
 Increasing Road Safety  
 Across Minnesota

# ENA

Emergency Nurses Association  
 Minnesota State Council  
[www.minnesotaena.com](http://www.minnesotaena.com)

# Aging may affect skills related to driving!

## Driving requires:

1. Physical ability
  - Vision, Hearing, Touch
  - Movement of limbs & neck
  - Reaction time
  - Strength & grip
2. Cognitive ability
  - Recognize threats to safety
  - Process threats to safety
  - Decision about threat to safety
  - React to threat to safety

With aging comes:  
medical conditions  
medications  
physical changes  
cognitive changes

**All may affect safe driving!**



## Signs of cognitive impairment:

- Forgetfulness/Confusion/Anxiety
- Getting lost easily
- Unable to find things – cars, DL's, keys, wallet/purse, etc
- Harder learning new things/skills
- Searching for words
- Trouble with dates, times, locations
- Difficulty recalling names/numbers
- Forgetting appointments



## A Request for Examination of Driver\*

(to find form -Google “MN DPS Request for Examination of Driver Form” )

May be completed by anyone\* and submitted to Dept. Vehicle Services. Based on the description of driving behaviors - DVS screens the driver.

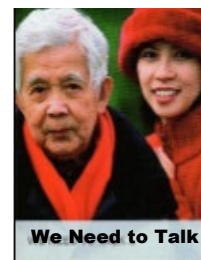
## DVS may recommend:

- Evaluation by physician
- Referral to Driving Rehab Specialist / Occ. Therapist
- Retesting of driving skills
- Limits on driving . Only as a last resort - they cancel license!

\*Names of family members who request are kept confidential, Physicians are protected by law, other names are released if requested.



If you have concerns about an older driver 's ability - consider one of the resources below; or have them evaluated by a Occupational therapist, or Driving Rehab Specialist; or submit a request for them to be evaluated by DVS to determine If they should be re-tested .



**Driver Safety Classes – 55 plus**

**NHTSA <https://www.nhtsa.gov/road-safety/older-drivers>**

**Links to these resources & other driver safety resources are listed on the Minnesota ENA web site. [www.minnesotaena.com](http://www.minnesotaena.com)**