# Marijuana Impairment

Sergeant Tyler Milless Minnesota State Patrol Investigative Services Section



### Objectives

- Cannabis Trend
- Minnesota Medicinal Update
- Edible Cannabinoids
- Breakdown of Cannabis/Marijuana
- Discuss the impairing chemicals in Marijuana
- Cannabis Impairment
- HF 100 / SF 73 Update



### The Trend

- In 2019: Persons 12 years and older...
  - 50.2% indicated they've used MJ in their life
    - 49.2% in 2018
  - 20.8% indicated they've used MJ in the past year
    - 19.4% in 2018
  - 11.5% indicated they've used MJ in the past month
    - 10.1% in 2018



# Why do we care?

- In states where marijuana has been legalized...
  - In 2018
    - Emergency-room visits related to marijuana increased by 54%
    - Hospitalizations increased by 101%
  - Suicides where toxicology tests indicated marijuana had been used increased from 7.6% in 2006 to 23% in 2017
  - In Colorado
    - The cost of marijuana to taxpayers is nearly \$5.00 for every \$1.00 gained in tax revenue
    - Marijuana-related DUIs cost approximately \$25 million in 2016



# Minnesota Medicinal Marijuana

### History

#### 2014 – Mark Dayton signed the bill

- Cancer, Glaucoma, HIV/AIDS, Tourettes, ALS, seizure disorders, Multiple Sclerosis, Crohn's Disease, painful terminal illness with less than 1 year to live.
- July 1, 2015 distribution began
  - Only liquid, pill, or vape
- Two distributors 13 locations
  - Green Thumb
  - Green Goods of Minnesota





### Medicinal Marijuana Today

#### • 19 qualifying conditions

- Cancer
- Glaucoma
- HIV/AIDS
- Tourette Syndrome
- ALS
- Inflammatory bowel disease
- Seizures
- Sickle Cell Disease
- Chronic Pain
- Irritable bowel syndrome (Aug 1, 2023)

- Severe and persistent muscle spasims
- Terminal illness (life expectancy under 1 year)
- Intractable pain
- PTSD
- Autism
- Obstructive Sleep Apnea
- Alzheimer's
- Chronic Motor or Vocal tic disorder
- Obsessive-compulsive disorder (Aug 1, 2023)

### MN Chapter 4770 – Medical Cannabis

- Packaging and Labeling
  - Plain
  - Designed to maximize the shelf life
  - Tamper-evident
  - Child-resistant
  - Must not bear a reasonable resemblance to any commercially available product
  - Packaged to minimize its appeal to children
    - Must not depict images other than the medical cannabis manufacturer's business name or logo

### MN Chapter 4770 – Medical Cannabis

#### Labeling Requirements

- Patient's registry identification number, Name, Date of birth
- Name and date of birth of the designated registered caregiver
- Name of patient's parent or legal guardian
- Patient's address
- Name and address of medical cannabis manufacturer
- Chemical composition of medical cannabis
- Recommended dosage
- Directions for use
- All ingredients with common names
  - Including: Color, artificial flavors, preservatives
  - Listed in descending order by predominance of weight

### MN Chapter 4770 – Medical Cannabis

#### Labeling Requirements – Cont.

- Date of manufacture and batch number
- Notice with the statement, including capitalization:
  - "This product has not been analyzed or approved by the United States Food and Drug Administration. There is limited information on the side effects of using this product, and there may be associated health risks. Do not drive or operate heavy machinery when under the influence of this product. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN."
- Notice with the statement:
  - "This medical cannabis is for therapeutic use only. Diversion of this product is unlawful and may result in the revocation of the patient's registration.,"

### What does Medical Cannabis Look Like?

- Oral Solutions (oils)
  Sublingual Spray
  Oral Capsules
  Vaporization Oils
  Topical Formats
- NOT (March 2022):
  - Leaves
  - Buds
  - Edibles







### Can Medical Cannabis Impair You?

What do you think?

Can It?

### The Answer.....

#### It depends on...

- Type of medication
- Dosage
- Person
- Chemicals
- Other medications
- Anything else?

# Can You Drive While on Medical Cannabis?

No!

Back to the labelling requirements in Minnesota...

"This product has not been analyzed or approved by the United States Food and Drug Administration. There is limited information on the side effects of using this product, and there may be associated health risks. Do not drive or operate heavy machinery when under the influence of this product. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN."

# Minnesota State Statute 152.72



### MSS 152.72

#### Subd. 1

 Edible Cannabinoid Product = any product that is intended to be eaten or consumed as a beverage by humans, contains a cannabinoid in combination with food ingredients, and is not a drug

#### Subd. 3

#### • Non-intoxicating cannabinoids = no more than 0.3% THC

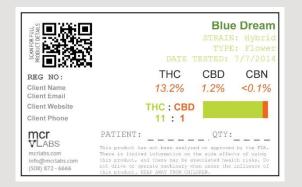




### MSS 152.72

- Subd. 5
  - Labelling can be accessed through scan-able QR code via phone
  - Name, location, contact phone number and website of the manufacturer
  - Name and address of the laboratory used
  - Accurate statement of the amount of cannabinoids







### MSS 152.72

#### Subd. 6

- Must not:
  - Bear the likeness or contain cartoon-like characteristics
  - Be modeled after a brand of products primarily consumed by children
  - be packaged in a way that resembles the trademarked, characteristic, or productspecialized packaging of any commercially available food or product
  - Be packaged in a container that includes a statement, artwork, or design that could reasonably mislead any person to believe that the package contains anything other than THC.
  - If the package contains multiple servings, they must be separated or scorn
  - Package must show: Serving size, cannabinoid profile, list of ingredients and "keep this product out of the reach of children"
  - Each dose 5mg or less (combined amount). Each package 50mg or less









### More Examples





CBC NEWS



### QR Code



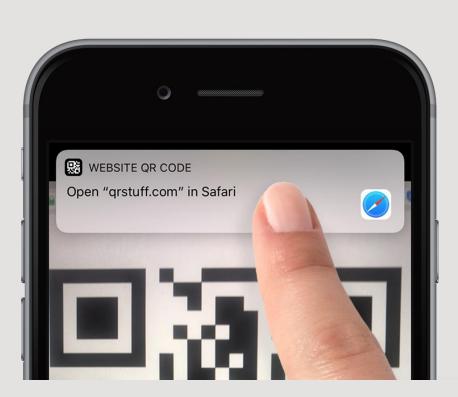






### QR Code on Phone





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# Breakdown of Marijuana

### Cannabis v Marijuana

- Cannabis
  - All products derived from the plant *Cannabis Sativa* 
    - Contains about 540 chemicals
- Marijuana
  - Parts of or products from the plant *Cannabis Sativa* that contain tetrahydrocannabinol (THC)





### THC v CBD

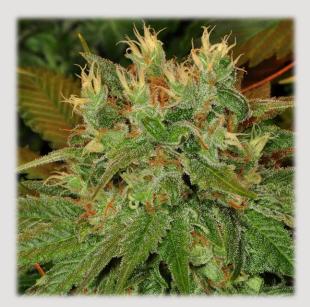
- Tetrahydrocannabinol (THC)
  - Psychoactive Ingredient
  - Recreational users want high THC as it gives them the most high
- Cannabidiol (CBD)
  - Non-psychoactive
  - Medical benefits
  - Medical marijuana has higher CBD than recreational





### Trichomes

- Tiny crystal-like resin gland
  - Contains more than 50% of THC/CBD in the plant











#### WHEN TO HARVEST YOUR CANNABIS







#### CLEAR TRICHOME

Not enough potency yet. decreased yield

#### **CLOUDY TRICHOME** Energetic High

: High

AMBER TRICHOME Body / Couchlock High

#### MIXED TRICHOME

Combined effect head and body high



Types of Marijuana

Sativa

Indica

Hybrid





Weed Maps

### Sativa

- Origin
  - Hot, dry climates Africa, Central America, SE Asia, W Asia
- Plant
  - Tall and thin Up to 12 feet high. Take longer to mature
- CBD to THC Ratio
  - Lower CBD and Higher THC
- Common Effects
  - "Mind High"
    - Anxiety-reducing
    - May feel productive and creative
- Popular Strains
  - Acapulco Gold (0.1% CBD / 15-23% THC), Panama Red, Durban Poison



Healthline



### Indica



Healthline

- Origin
  - Afghanistan, India, Pakistan, and Turkey. Adapt to harsh, dry, and turbulent climate of the Hindu Kush Mountains
- Plant
  - Short and Stocky. Bushy greenery and chunky leaves. Faster growing, more buds.
- CBD to THC Ratio
  - Higher CBD, Lower THC
- Common Effects
  - Relaxing May reduce nausea and pain, increasing appetite
- Popular Strains
  - Hindu Kush, Afghan Kush (6% CBD / 16-21% THC), Granddaddy Purple



# Hybrid



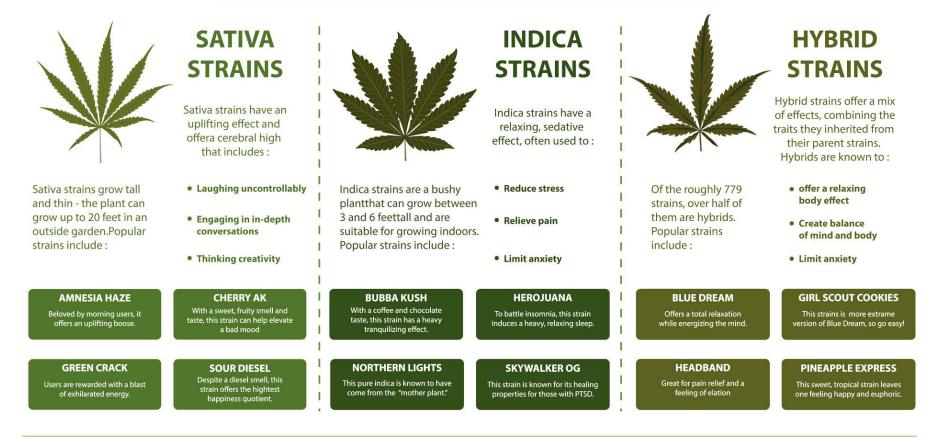
Healthline

- Origin
  - Typically grown on farms or greenhouses from combo of Sativa and Indica
- Plant
  - Depends on the combination
- CBD to THC Ratio
  - Many are grown to increase THC. Each is unique to combination
- Common Effects
  - Can be anything depending on combination
- Popular Strains
  - Pineapple Express (<0.1% CBD / 23% THC), Trainwreck, Blue Dream (<1% CBD / 30% THC)</p>



#### **MANY DIFFERENT STRAINS OF CANNABIS**

STRAIN IS USED TO DIFFERENTIATE BETWEEN CANNABIS SATIVA AND INDICA. IT REFERS TO THE SPECIFIC BREEDOF EACH INDIVIDUAL PLANT. OVER THE YEARS, FAMILIAL STRAINS HAVE DIVIDED INTO SPECIFIC SUBSECTIONS.THOUGH STRAINS MAY LINAGE, THE DIFFERENCES ARE NUMEROUS

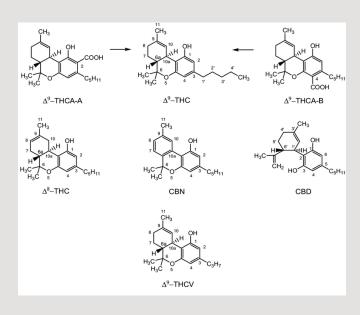




GreenCandi

### The Impairing Chemical in Marijuana

- Tetrahydrocannabinol (THC)
  - What is it?
    - Responsible for most of the psychological effects
    - Impairing chemical in marijuana
  - Types of THC?
    - THCA
    - THCV
    - Δ-8
    - Δ-9
    - Δ-10





### Tetrahydrocannabinolic Acid

#### THCA

- Not psychoactive or mind-altering
- Source of other three types
  - Decarboxylation add sunlight and heat
- Benefits:
  - Epilepsy
  - Nausea
  - Arthritis
  - Inflammation
  - Fibromyalgia
  - Chronic Pain
  - Diabetes
  - MS/ALS muscle spasms







DocMJ

### Tetrahydrocannabivarin

#### THCV

- Byproduct of THCA
- No mind-altering properties in *low doses*
- May feel effects more rapidly
- Appetite Suppresant
  - Can help lose weight
- Benefits:
  - Diabetes especially type II
  - Pain and Swelling
  - Anxiety
  - Tremors from Parkinson's and ALS
  - Brain lesions from late-stage Parkinson's
  - Epilepsy
  - Alzheimer's
  - Osteoporosis and related conditions stimulates bone growth





### Delta-8 Tetrahydrocannibinol

#### ■ ∆8-THC

- After Delta-9 ages and is exposed to oxidation
- Not as potent as Delta-9 Still produces high
  - Euphoric feeling tends to be less intense than Delta-9
- Benefits:
  - Decreases nausea and vomiting
  - Neuroprotectant helps protect brain cells
  - Reduces anxiety
  - Stimulates appetite
  - Helps relieve pain (analgesic)
  - Can reduce tumor size
  - Helps cause the release of acetylcholine
    - Involved in memory and learning

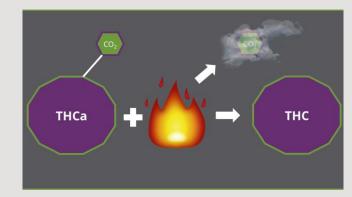




## Delta-9 Tetrahydrocannabinol

#### ■ Δ9-THC

- Commonly referred to as THC
- Main psychoactive compound
- Concentration much higher in female plants
- Produces high
- Benefits:
  - Reduces anxiety
  - Improves sleep
  - Increases appetite
  - Relieves pain
  - Decreases nausea and vomiting
  - Helps protect brain cells
  - Promotes brain growth
  - Helps PTSD sufferers
  - Enhances our senses



- Antibacterial properties
- Antioxidant effects
- Reduces swelling and pain
- Acts as a bronchodilator opens airways
- Relaxes muscles
- May battle tumors?
- Anti-convulsant or anti-seizure properties



## Delta-10 Tetrahydrocannabinol

- Less potent than delta-9
- Commonly processed from hemp-derived CBD
- Commonly reported to provide energizing effects (more like a sativa)
  - More of a head buzz
- Clear appearance
- Creating:
  - Crude CBD or CBD isolate



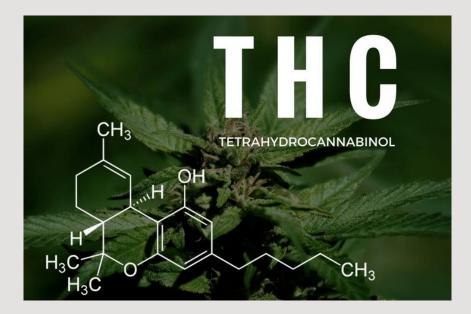
• Use derivatives of Vitamin C and Carbon **or** solvents and acids



Leafy.com, Observer.com, & Vaping360.com

## THC Levels

- Mid 1990's
  - Averaged 2% to 4%
- **2014** 
  - Averaged 14%, some strains leveling 37%
- CBD
  - 0.3%
- Edibles
  - Unknown due to manufacturer
- Wax (Dab)
  - 60% to 99.99%
- Leafline Labs Products
  - 5mg to 1200mg THC
  - 1200mg would be used for Chronic Pain or like conditions





#### Shatter/Dab/Wax/Resin/Hash







# **DWI Enforcement**

#### **CRIMJIG 29.04: Driving Under the Influence of a Controlled Substance - Elements**

"There is no set standard as to the quantity of a controlled substance a person must ingest before a person is regarded as being 'under the influence.' When a person is so affected by a controlled substance that the person **does not possess that clearness of intellect and control of themselves as they otherwise would have**, that person is under the influence of a controlled substance."



#### Effects of Cannabis

- Relaxation
- Euphoria
- Relaxed inhibitions
- Disoriented
- Altered time and distance perception
- Lack of concentration

- Impaired memory
- Altercations in thought process
- Drowsiness
- Sedation
- Mood changes



#### Other characteristics

- Odor of marijuana
- Debris in mouth (green tongue)
- Red, bloodshot eyes
- Body tremors
- Eyelid tremors







#### Cannabis Effects...

- Attention
- Concentration
- Decision-making
- Impulsivity
- Inhibition

- Reaction time
- Risk taking
- Verbal fluency
- Working memory

## Field Sobriety Testing

- If possible, conduct:
  - Horizontal Gaze Nystagmus
  - Walk and Turn
  - One Leg Stand
  - Modified Romberg Balance Test
  - Lack of Convergence
  - Take a pulse





## Example...





## What will you see?

- No HGN (poss. LOSP)
- Lack of Convergence
- Poor balance
- Elevated pulseDuck on a pond
- Eyelid and body tremors
- Residue
- Slurred speech
- Possible dilated pupils

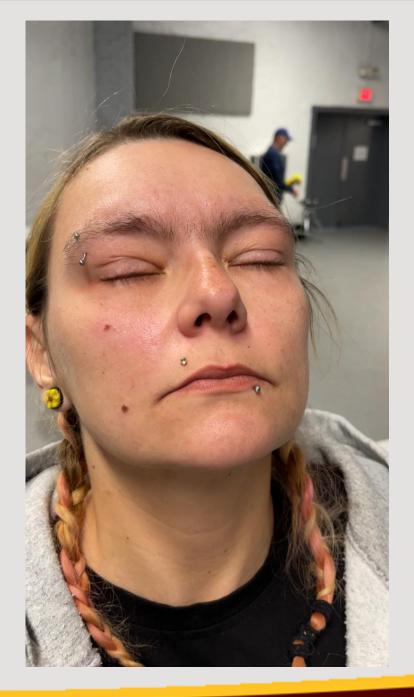




## Lack of Convergence

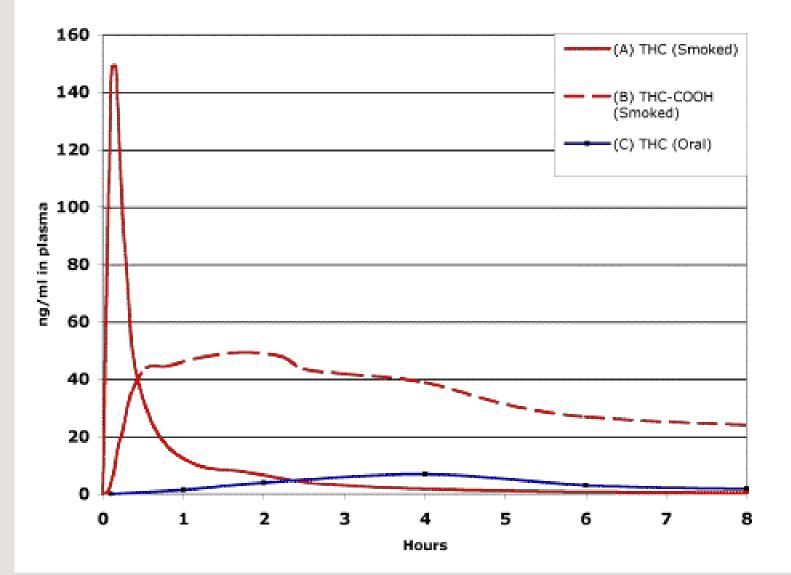








#### Blood Levels of THC & Metabolite





#### **BCA Results**

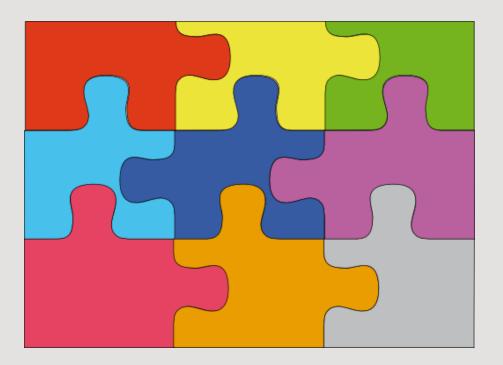
MINNESOTA DEPARTMENT OF PUBLIC SAFETY Bureau of Criminal Apprehension - Forensic Science Laboratory	Lab No. XXXXXX Report No. 1		X
Results of Laboratory Examination			
The following are results confirmed by Liquid Chromatography/Mass Spectro	metry:		
Type of Drug:	Concentration	<u>Associated</u> <u>Expanded</u> <u>Uncertainty</u>	<u>Units</u>
delta-9-tetrahydrocannabinol (delta-9-THC)	2.95	±0.52	ng/ml
11-hydroxy-delta-9-tetrahydrocannabinol (an active metabolite of delta-9-THC)	1.07	±0.16	ng/ml
11-nor-9-carboxy-delta-9-tetrahydrocannabinol (an inactive metabolite of delta-9-THC)	65	±15	ng/ml
delta-8-tetrahydrocannabinol (delta-8-THC)	Not Detected		

delta-8-tetrahydrocannabinol (delta-8-THC)	Not Detected	
Cannabidiol (CBD)	Not Detected	
Cannabinol (CBN)	Not Detected	
Cannabigerol (CBG)	Not Detected	



## **Totality of the Circumstances**

- Officer's training & experience
- Driving Conduct (if applicable)
- Observations
- Admissions
- Performance on field sobriety tests
- DRE Exam
- Test Results





# What is a DRE?

OGNITION

1111

## Drug Recognition Expert (Evaluator)

- Highly trained
- Determine whether an individual is under the influence of drugs
- Determine whether an individual is under the influence of a combination of substances
- Determine whether the person is injured or ill
- Identify what category(ies) of drug(s) someone is on
- Document their observations



## Training

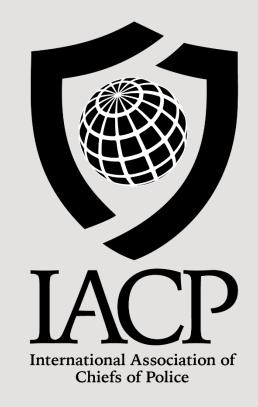
- 9-day classroom
  - Pre-School
  - DRE School
- Certification trip out of MN
- Final Knowledge Exam
- Recertification
  - 2 yearly instructor-witnessed evaluations
  - 8 hours of continuing education





## 12 Step Process

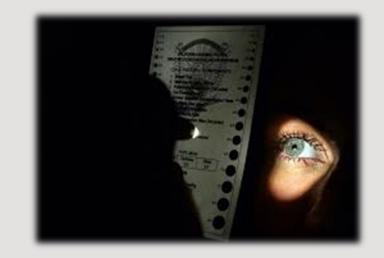
- 1. Breath Alcohol Test
- 2. Interview of Arresting Officer
- 3. Preliminary Examination
- 4. Eye Examination
- 5. Divided Attention Tests
- 6. Vital Signs





## 12 Step Process

- 7. Dark Room Checks
- 8. Check for Muscle Tone
- 9. Check for Injection Sites10. Interrogation of Subject11. Opinion of Evaluator12. Toxicological Sample







# H.F. 100 / S.F. 73

Cannabis Legalization



## Cannabis vs. Marijuana vs. THC

Task Force requested a cleanup of language to make it consistent.





## H.F. 100 / S.F. 73

 Prohibits using while driving

#### Open packages in trunk







#### Oral Fluid Roadside Testing Pilot Project





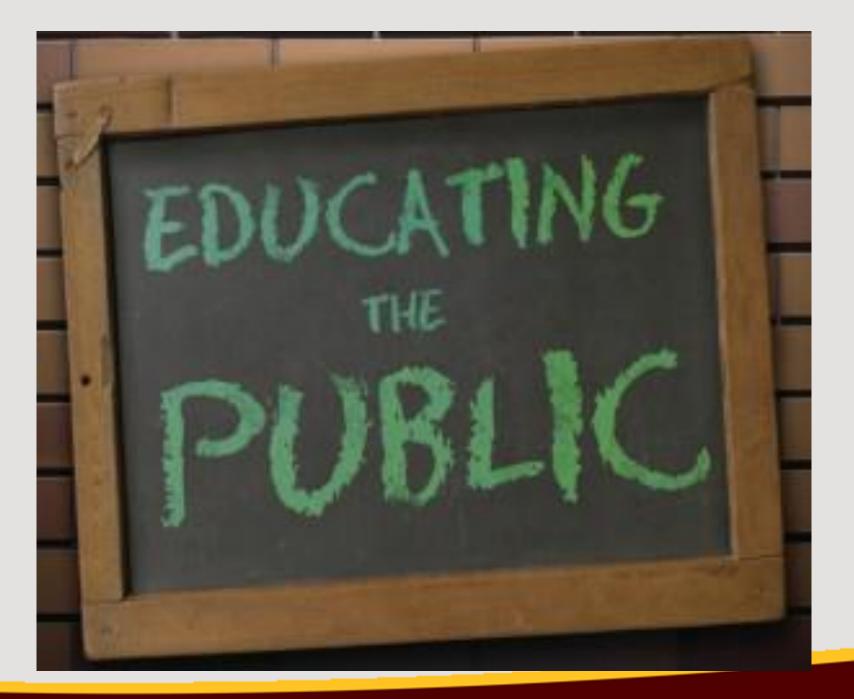




Development Workshop skills Learn < CTRAINING, Coaching Knowledge Teaching









#### Questions







Sgt. Tyler Milless <u>Tyler.Milless@state.mn.us</u>

763-279-4005

