





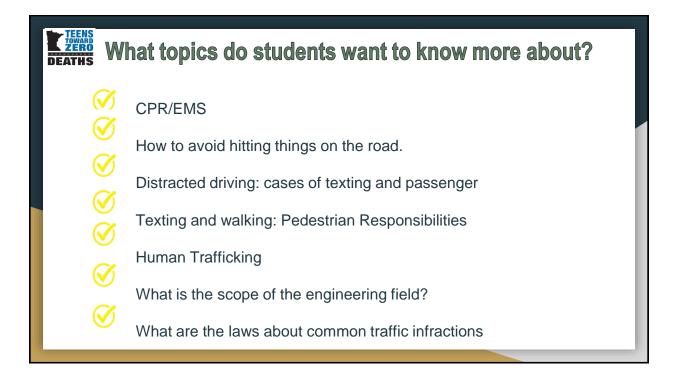


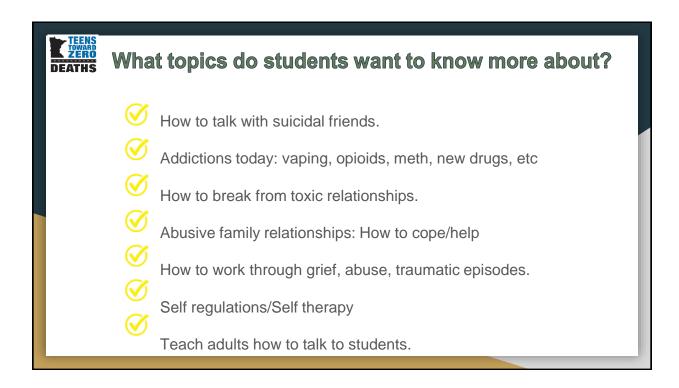


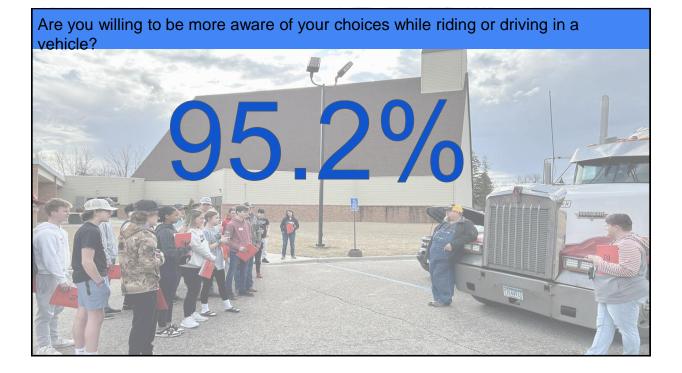
## What is the significance of these numbers? 2nd 80% 16%

Minnesota has a higher suicide rate than the national rate among adolescents and young adults.

~MN Department of Health







Did you learn coping strategies to help yourself or someone else with mental health problems?



