On Scene Communication challenges

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Minneapolis, MN

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A little bit about me…

• Paramedic with Hennepin EMS since 2012

• Community Service Officer Paramedic with the Meeker County Sheriff Dept.
  • Approx. 25,000 people over 600 sq. miles

• Hennepin EMS is an urban/suburban service
  • Averages 85,000 +/- calls for service a year
  • Peak staffing is 25 dual paramedic ambulances
What I aim to cover

- Overview of communication challenges faced
  - By providers

- What some of the responses to these challenges may look like in practice

- Future directions

Challenges with communication

What does this mean?
Other potential challenges with communication

Persons with sensory or intellectual disability

Persons under the influence of altering chemicals (e.g. alcohol, prescription medications, illegal drugs)

What can poor communication lead to?

Frustration?

Anger?

Misunderstanding?
So what can we do to help?

Know your audience!

Vs.
Language barriers and disabilities that affect communication have been shown to decrease quality of care [during a hospital stay]


Understand, listen, and adapt
Remember there are always two sides to a conversation

Just because I understand what I am explaining doesn't mean you do as well.

Two sides continued…

<table>
<thead>
<tr>
<th>Provider</th>
<th>Patient</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personal factors such as, gender of the provider, culture, language, and age</td>
<td>Personal factors such as, gender of the provider, culture, language, and age</td>
</tr>
<tr>
<td>Being overworked</td>
<td>Feeling like there is a lack of communication</td>
</tr>
<tr>
<td>Interference from family</td>
<td>Anxiety or pain distracting</td>
</tr>
<tr>
<td>Environmental factors causing distraction</td>
<td>Environmental factors causing distraction</td>
</tr>
</tbody>
</table>

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4954910/
How does communication impact my work as an EMS provider?

The Twin Cities is home to many different cultural groups and languages
How can we bridge communication gaps where both parities don’t understand each other?

Somali translation guide

Compiling some of the most frequently asked questions by paramedics, I worked with my department to create a guide with the focus of identifying life threatening emergencies when there is no translator available. Also, incorporated are broader questions to help with answering demographic type questions.
Somali translation guide

Sample demographic question

Fadlan ma soo saari kartaa kaarka sharcigaaga iyo kaarakaaga caafimaadka?

Can you please get your personal identification card and your insurance card?
Sample question

**Demographics: Allergies**

**Wax dawo ah oo ku xajiimooto ama aad xasaasiyad ka qaaddo ma jiraan?**

<table>
<thead>
<tr>
<th>HAA</th>
<th>MAYA</th>
</tr>
</thead>
<tbody>
<tr>
<td>yes</td>
<td>no</td>
</tr>
</tbody>
</table>

*Are you allergic to any medications?*

Sample statement

**General**

**Waxaan rabnaa in aad faleebo gacantaada ku rakibno. Faleebahaas waxaa loo adeegsan in lagugu ku siiyowixii daawo ah ee laga yaabo inaad u baahato.**

*We are going to start an IV in your arm. It will be used to give you medications you may need.*
Limitations

- Unable to see or read the text
- Limited scope of questions available
- Unable to understand the specific dialect

How Hennepin EMS uses this guide

- Every ambulance has a tablet used for electronic charting. The translation guide is available as an interactive PDF document on the tablet.
- Used in the current format for approximately 8 months.
- Is easily adaptable and editable so changes or updates occur as needed.
Future directions

• More languages
• Include picture diagrams
• Incorporate audio for each question so a patient may listen and then select an answer
• This concept can be expanded into areas where language or other types of communication barriers are frequently encountered.