MINNESOTA TOWARD ZERO DEATHS

Fatal Vision Goggles: Drowsy and Distracted

Purpose

Participants of this drowsy and distracted driving prevention program will understand the harmful effects and potentially devasting consequences that can arise from driving while tired or distracted. From glancing at your phone, sending a text, to nodding off behind the wheel, it's clear: drowsy and distracted driving is impaired driving.

How It Works

The drowsy and distracted driving prevention program kit features activities to use in combination with the Fatal Vision Drowsy and Distracted Goggles. These goggles are configured and controlled through Bluetooth, using an app on your mobile phone.

You can choose between three different impairment modes:

- **Mode A** – *Distracted Dial* simulates what could happen if someone takes their eyes off the road "just long enough" to dial a phone. Every three seconds, the goggles blackout.
- **Mode B** – *Distracted Text* simulates the distraction that occurs when someone reads or responds to a text. The goggles blackout for 4.6 seconds to simulate the researched average amount of time a person's eyes and attention are on a device, rather than on the road.
- **Mode C** – *Drowsy* simulates momentary micro-sleeps that build in waves until the eyes and brain shut down. The goggles blackout, beginning with a short half-second closure and continue to blackout for longer periods, progressing to 10-seconds.

- *Contact*

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